Predicting Human Behavior with Optimization

Michel Bierlaire¹ Frédéric Meunier² Léa Ricard¹ Prunelle Vogler¹

¹Transport and Mobility Laboratory, EPFL School of Architecture, Civil and Environmental Engineering Ecole Polytechnique Fédérale de Lausanne

²CERMICS, École nationale des ponts et chaussées (ENPC)

October 9, 2025



Outline

Choice model as an optimization problem

Travel demand: activity based models

Mode

Graph-based mode

Illustrations and results

Predicting choice behavior



Decision rule

Homo economicus

Rational and narrowly self-interested economic actor who is optimizing her outcome

Behavioral assumptions

- ▶ The decision maker solves an optimization problem.
- ► The analyst needs to define
 - the decision variables,
 - the objective function,
 - the constraints.

Continuous case: classical microeconomics

Optimization problem

$$\max_{q} \widetilde{U}(q; \theta)$$

subject to

$$p^T q \leqslant I, \ q \geqslant 0.$$

Demand function

- Solution of the optimization problem.
- KKT optimality conditions:

$$q^* = f(I, p; \theta)$$

Discrete choices



How does it work for discrete choices?

Utility maximization

Optimization problem

$$\max_{q,w} \widetilde{U}(q,w;\theta)$$

subject to

$$\begin{aligned} p^T q + c^T w &\leq I \\ \sum_j w_j &= 1 \\ w_j &\in \{0, 1\}, \forall j. \end{aligned}$$

where $c^T = (c_1, \ldots, c_i, \ldots, c_J)$ contains the cost of each alternative.

Derivation of the demand functions

- Mixed integer optimization problem
- No optimality condition
- Impossible to derive demand functions directly

Derivation of the demand functions

Step 1: condition on the choice of the discrete good

- ightharpoonup Fix the discrete good(s), that is select a feasible w.
- Derive the <u>conditional</u> demand functions from KKT.

Step 2: enumerate all alternatives

- Enumerate all alternatives.
- ightharpoonup Compute the conditional indirect utility function U_i .
- ▶ Select the alternative with the highest U_i .





Enumerate all alternatives ??????



Starbucks has 383 billion unique latte combinations. [Merritt, 2023]

Activity-based models

- Activity participation
- Activity type
- Activity location
- Activity timing
- Activity duration
- Activity scheduling
- Activity frequency
- Travel mode choice
- Route choice
- ► Departure time choice

- ► Trip chaining / Tour formation
- Vehicle usage
- Parking choice
- Joint activity participation
- ► Ride-sharing / Carpooling decision
- Household resource allocation
- Teleworking decision
- ► Trip cancellation or rescheduling
- Use of on-demand mobility services
- ... and many more

Outline

Choice model as an optimization problem

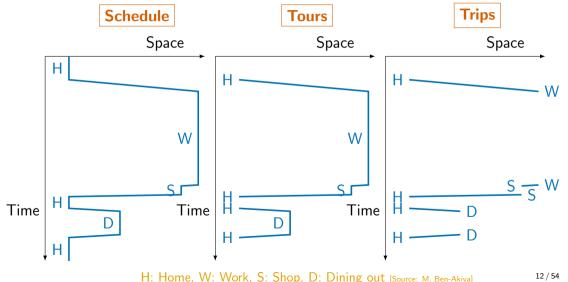
Travel demand: activity based models

Mode

Graph-based mode

Illustrations and results

Travel demand models



Activities



Why do people travel?

- ▶ Most of the time, not for the sake of it.
- Activities.
- Spread in space and time.

Activity-based models: literature

Econometric models

- Discrete choice models.
- Curse of dimensionality.
- Decomposition: sequence of choices
 - Activity pattern
 - Primary tour: time of day
 - Primary tour: destination and mode
 - Secondary tour: time of day
 - Secondary tour: destination and mode
 - e.g. [Bowman and Ben-Akiva, 2001]

Rule-based models

- If the selected activity is at location L,
- and the travel time from current location C to L exceeds T_{max} ,
- then reject the activity-location combination,
- unless it is a high-utility or infrequent activity (e.g., doctor appointment).
- e.g. [Arentze et al., 2000]

Research question: can we combine the two?

	Econometric	Rule-based
Micro-economic theory	Х	_
Parameter inference	X	
Testing/validation	X	
Joint decisions		X
Complex rules		X
Complex constraints		X

Combinatorial choices

Mathematical optimization

- ► Each individual is solving a combinatorial optimization problem.
- ▶ Decisions: see the long list before...
- Objective function: utility (to be maximized).
- Constraints: complex rules.

[Pougala et al., 2023]

Challenges

- ightharpoonup Stochasticity: random utility ightharpoonup rely on simulation.
- ightharpoonup Large number of variables and constraints ightharpoonup decomposition methods.
- ightharpoonup Interacting individuals (households, social groups) ightarrow this talk.
- ightharpoonup Time horizon ightharpoonup future work.

Outline

Choice model as an optimization problem

Travel demand: activity based models

Model

Graph-based mode

Illustrations and results

Social groups

We consider a social group N of agents that cooperate and desire to maximize their aggregated utility.



- Coordination, joint activities.
- Group decision making
- Service to the group, maintenance.
- Resource constraints.
- Escorting.

Objective function: utility of the group

- ► Function of the utility of each member. But which function?
- Lack of consensus in the literature.
- ► Additive: the (weighted) sum of the utility of each member.
- Autocratic: the utility of the "strongest" member.
- Egalitarian: the utility of the "weakest" member.
- Important for our framework: must be easy to linearize.





Coordinated activities

- ▶ a is an activity that must be performed by all members of the group.
- Dining out.
- Family gathering.
- ► Sport events.



Distributed activities

- ▶ a is an activity that must be performed for the group.
- ► Maintenance.
- Grocery shopping.
- Meal preparation.
- Accounting of the sport club.

Resource constraints

- One car per household.
- One meeting room in a shared office space.
- Modeling approach: treat the resource as an individual.
- ▶ "The car is a member of the family".
- ▶ It is associated with "activities" and a schedule.
- We can then introduce "coordinated activities" constraints.





Escorting a child to school

- ► Specific instance of a resource constraint.
- ▶ The person escorting becomes a resource.
- As individuals and resources are modeled in the same way, coordinated activities constraints can be applied.

Space



Discrete and finite set *L* of locations.

For each (ℓ, ℓ') :

- ► $M_n^{\ell\ell'}$: available modes for agent n.
- ▶ $\rho_{\ell\ell'm}$: travel cost of the trip with mode m.
- ▶ $d_{\ell\ell'm}$: travel time of the trip with mode m.

Assumption: travel time and cost are exogenous.

Activities: notations



Set A_n of potential activities for each agent n.

For each activity a:

- $ightharpoonup L_a$: set of possible **locations** for a
- $ightharpoonup c_{a\ell}$: cost of a at location ℓ
- \triangleright $[\gamma_{a\ell}^-, \gamma_{a\ell}^+]$: opening hours for a at location ℓ
- $ightharpoonup au_a^{\min} \& au_a^{\max}$: min & max duration of a.
- $ightharpoonup C_a$: maximum capacity for a.
- $ightharpoonup N_a$: set of required agents for a.

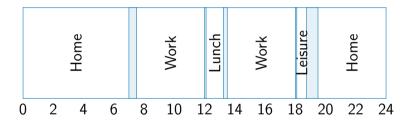
Activities: further assumptions

► Start and end at home: The first activity (dawn) and the last activity (dusk) always take place at the agent's home.

Group of activities:

- Some activity groups (e.g., shopping) must be performed at least a specified number of times over the planning horizon.
- Examples: shopping, domestic tasks, sport, etc.

Scheduling



Utility function

Collective decisions ⇒ maximize the **utility of the group**

$$U = \sum_{n \in N} U_n = \sum_{n \in N} \left(\sum_{a \in A_n} U_a^n + \xi_{an} + \sum_{\ell, \ell' \in L} \sum_{m \in M} U_{\ell\ell'm}^n + \xi_{\ell\ell'mn} \right)$$

- $lackbox{\it U}_a^n$: reward + joint activity reward deviation from the prefered schedule cost
- $ightharpoonup U_{\ell\ell'm}^n$: joint travel utility (travel cost, travel time, etc.), usually negative.
- \blacktriangleright ξ_{an} and $\xi_{\ell\ell'mn}$: random term with a known distribution

Utility function



Error terms

- Rely on simulation.
- ▶ Draw ξ_{anr} and $\xi_{\ell\ell'mn}$, r = 1, ..., R.
- ightharpoonup Optimization problem for each r.
- ▶ Utility: U_{anr} .

Outline

Choice model as an optimization problem

Travel demand: activity based models

Mode

Graph-based model

Illustrations and results

Graph-based modeling approach

▶ Formulation as a shortest path problem in a graph G = (V, E) with additional constraints.

```
      (dawn, home(Alice), {Alice})
      no trip home(Alice), {Alice})

      PT
      (work, office, Alice, Bob})

      (dawn, home(Bob), {Bob})
      (dust, home(Bob), {Bob})
```

- ▶ Vertices V: triplet $v = (\text{activity } a_v, \text{ location } \ell_v, \text{ subgroup of agents } S_v)$ $\rightarrow \text{ also encoding } C_a \text{ and } N_a$
- ► Arcs *E*: transition of agents between activities
 - \rightarrow labeled with the transport mode

Graph-based modeling approach

```
(\text{dawn}, \\ \text{home(Alice), {Alice}}) \xrightarrow{\text{pT}} \\ (\text{work, office,} \\ \text{Alice, Bob}) \\ \text{(dawn,} \\ \text{home(Bob), {Bob}}) \\ \text{(both distance)} \\ \text{(both dista
```

- One dawn(n)-dusk(n) path in G ⇔ One sequence of activities/trips for an agent n
- Problem reformulation: find one path per agent under time-consistency, combinatorial and budget constraints.

Variables

- Graph variables
 - $ightharpoonup z_e^n \in \{0, 1\}$ equals 1 if agent n travels along arc e
 - $w_v \in \{0, 1\}$ equals 1 if vertex v is part of the path for all agents in S_v
- Time variables for each vertex v
 - $ightharpoonup x_v \in \mathbb{R}_+$ starting time of activity a_v
 - $ightharpoonup au_v \in \mathbb{R}_+$ duration of activity a_v

These apply to all agents in S_v at location ℓ_v .

- 1. **flow** constraints
 - path definition
- 2. combinatorial constraints
 - eligibility to pass through a vertex
 - group consistency
 - location uniqueness
 - group of activities
- 3. time-consistency constraints
 - schedule consistency
 - full time period covered
 - opening hours
 - duration bounds
- 4. a **budget** constraint

flow conservation constraints: dawn(n)-dusk(n) path definition

$$\begin{split} \sum_{e \in \delta^+(v)} z_e^n &= \sum_{e \in \delta^-(v)} z_e^n & \forall v \in V \quad \forall n \in N \\ \sum_{e \in \delta^+(\mathsf{dawn}(n))} z_e^n &= 1 & \forall n \in N \\ \sum_{e \in \delta^-(\mathsf{dusk}(n))} z_e^n &= 1 & \forall n \in N \end{split}$$

- **combinatorial** constraints
 - Group consistency

$$w_{\mathsf{v}} = \sum_{\mathsf{e} \in \delta^+(\mathsf{v})} z_{\mathsf{e}}^n \qquad \forall \mathsf{v} \in V \quad \forall \mathsf{n} \in \mathcal{S}_{\mathsf{v}}$$

Eligibility

$$z_e^n = 0$$
 $\forall e = (u, v) \in E \quad \forall n \notin N_u \cap N_v$

Group of activities

$$\sum_{v \in V: \ a_v \in G_k} w_v \geqslant n_k \qquad \forall k \in K$$

Location uniqueness

$$w_{v} + w_{v'} \leq 1$$
 $\forall v, v' \in V \text{ s.t. } a_{v} = a_{v'}, S_{v} = S_{v'}, \ell_{v} \neq \ell_{v'}$

Constraints

time-consistency constraints

$$\begin{aligned} x_{v} \geqslant x_{u} + \tau_{u} + d_{uv} - T(1 - z_{e}^{n}) & \forall e = (u, v) \in E & \forall n \in N \\ x_{v} \leqslant x_{u} + \tau_{u} + d_{uv} + T(1 - z_{e}^{n}) & \forall e = (u, v) \in E & \forall n \in N \\ \gamma_{a_{v}, \ell_{v}}^{-} w_{v} \leqslant x_{v} \leqslant \gamma_{a_{v}, \ell_{v}}^{+} + T(1 - w_{v}) & \forall v \in V \\ \tau_{a_{v}}^{\min} w_{v} \leqslant \tau_{v} \leqslant T(1 - w_{v}) & \forall v \in V \\ \sum_{v \in V: n \in S_{v}} \tau_{v} + \sum_{e \in E} d_{e} z_{e}^{n} = T & \forall n \in N \end{aligned}$$

Additional constraints

► a **budget** constraint

$$\sum_{v \in V: n \in S_v} c_{a_v \ell_v} w_v + \sum_{e \in E} \rho_e z_e^n \leqslant B \qquad \forall n \in N$$

Outline

Choice model as an optimization problem

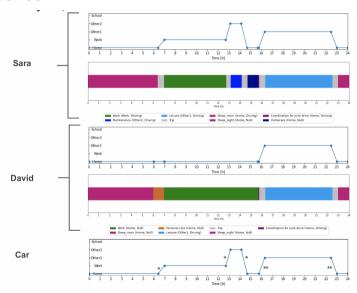
Travel demand: activity based models

Model

Graph-based mode

Illustrations and results

Car as a resource



To Tennis or Not to Tennis

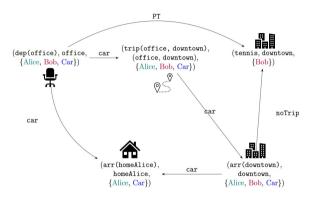
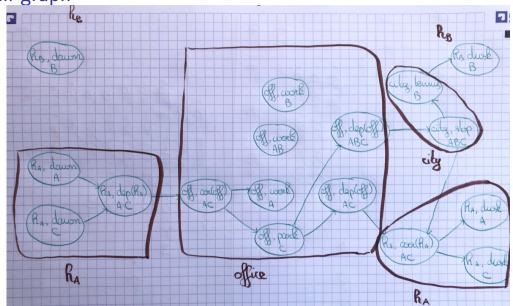


Figure: Example of ride sharing modeling

Example

- ► Alice (A) and Bob (B): two colleagues
- Alice has a car.
- ▶ Bob has another activity: tennis.

Full graph



Hypotheses

- Alice and Bob derive a social reward by working together.
- ▶ Alice prefers to work in the afternoon.
- Bob can only play tennis between 4pm and 7pm.
- ► The trip from the office to the tennis takes much more time with public transport than with the car.



Different scenarios

▶ If Alice and Bob work together, without the car, Bob can't go to tennis.



► If he arrives at work early, he can go to tennis, but he doesn't work with Alice.



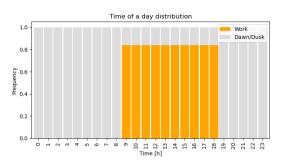
▶ If Alice and Bob work together and Alice comes by car, B can go to tennis by car with Alice.

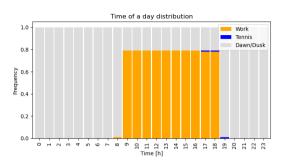




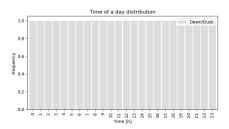


Simulation: From isolated individuals...



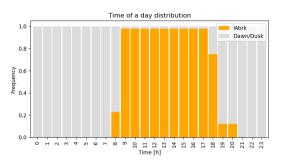


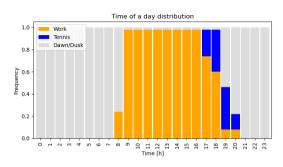
Alice



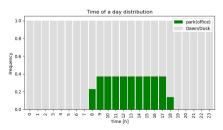
Bob

Simulation: ...to social groups





Alice



Bob

Speed-up

Comparison with [Rezvany et al., 2024]

Instance	Rezvany	Graph-based	# Agents	# Activities (Joint)
Test1	182s	28s	2	14 (6)
Test2	6s	6s	3	13 (0)
Test3	_	_	4	37 (14)
Test4	579s	28% max time	3	20 (9)
Test5	41s	15s	1	18 (none)
Test6	95% max time	13% max time	2	28 (10)
Test7	3s	3s	1	11 (none)
Test8	5s	2s	2	13 (2)

Computational time to the optimum (limit: 600sec)

Conclusions

It works!

- Handles complex activity and schedule choices.
- Integrates behavioral and operational constraints.
- Enables realistic, data-driven simulations.

What's next?

- **Flexibility** is the key strength of the framework.
- **Scalability** remains a major challenge (time, activities).
- ▶ **Simulation cost** is high need for efficient algorithms.
- Connections with vehicle routing problems suggest decomposition strategies.
- Inference could benefit from Bayesian approaches.

Summary

- ► **Goal:** develop operational combinatorial choice models, such as activity-based models.
- Approach: integrate econometric modeling with rule-based logic.
- ▶ **Methodology:** leverage operations research, mathematical optimization and simulation.
- ▶ Simulation of activity schedule: [Pougala et al., 2022a].
- Application with the Swiss Railways: [Manser et al., 2021].
- Estimation of the parameters: [Pougala et al., 2022b].
- ▶ Household interactions: [Rezvany et al., 2023], [Rezvany et al., 2024].
- ► Main advantage of the framework: flexibility.

Combinatorial choices

Main philosophy

Leverage the power of modern combinatorial optimization to model complex choice behavior.

Bibliography I

- Arentze, T., Hofman, F., van Mourik, H., and Timmermans, H. (2000). ALBATROSS: Multiagent, rule-based model of activity pattern decisions.

 <u>Transportation Research Record: Journal of the Transportation Research Board</u>, 1706(1):136–144.
- Bowman, J. L. and Ben-Akiva, M. E. (2001).
 Activity-based disaggregate travel demand model system with activity schedules.
 Transportation Research Part A: Policy and Practice, 35(1):1–28.
- Manser, P., Haering, T., Hillel, T., Pougala, J., Krueger, R., and Bierlaire, M. (2021).
 Resolving temporal scheduling conflicts in activity-based modelling.
 Technical Report TRANSP-OR 211209, Lausanne, Switzerland.

Bibliography II



Starbucks has 383 billion drink combinations and wants to make them faster.

https://www.morningbrew.com/daily/stories/ starbucks-has-383-billion-drink-combinations. Accessed: 2025-06-09.

Pougala, J., Hillel, T., and Bierlaire, M. (2022a). Capturing trade-offs between daily scheduling choices.

Journal of Choice Modelling, 43(100354). Accepted on Mar 19, 2022.

Bibliography III



Pougala, J., Hillel, T., and Bierlaire, M. (2022b).

Oasis: Optimisation-based activity scheduling with integrated simultaneous choice dimensions.

Technical Report TRANSP-OR 221124, Transport and Mobility Laboratory, Ecole Polytechnique Fédérale de Lausanne, Lausanne, Switzerland,



Pougala, J., Hillel, T., and Bierlaire, M. (2023).

OASIS: Optimisation-based activity scheduling with integrated simultaneous choice dimensions.

Transportation Research Part C: Emerging Technologies, 155.

Bibliography IV

Rezvany, N., Bierlaire, M., and Hillel, T. (2023). Simulating intra-household interactions for in- and out-of-home activity scheduling.

Transportation Research Part C: Emerging Technologies, 157(104362).

Rezvany, N., Hillel, T., and Bierlaire, M. (2024).

Household-level choice-set generation and parameter estimation in

activity-based models.

Technical report, Transport and Mobility Laboratory, Ecole Polytechnique Fédérale de Lausanne, Lausanne, Switzerland.